SHELF-STABLE ACIDIFIED CANNED FOODS

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This work was supported by the MA Department of Agriculture, Specialty Crop Block Grant



Relevance/why we want to increase value

- Opportunity to add value/earn money
- Conducting initial pro develop to decrease the burden
- Picture
- Producing shelf-stable acidified canned foods can help to add value to produce and help to increase markets, extend the agricultural season and reduce waste. However, in order to successfully sell and distribute shelf stable products, such as salsas, sauces and/or acidified pickled products, processors must comply with the Code of Federal Regulations (21CFR114). This project identified developed 12 shelf-stable acidified canned food recipes and converted them into scale-appropriate product formulations, established the appropriate food safety controls, and all had product formulas reviewed by a regulatory approved Process Authority to issue a validated scheduled process for commercial use.





Project Goal and Expected Outcomes

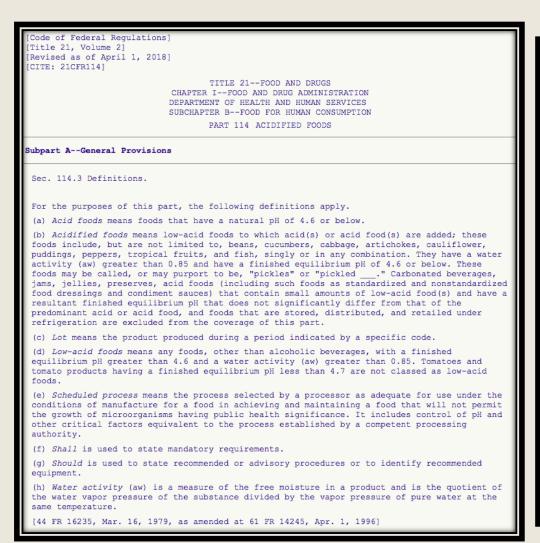
Goal: The overall goal of this project is to **increase the production** of specialty crops through value-added production.

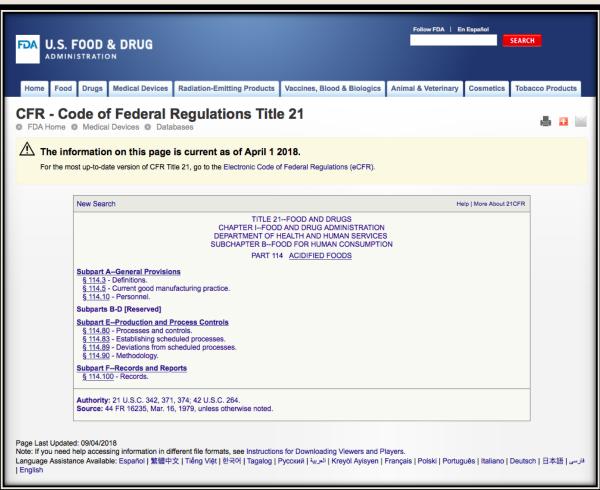
Objective 1: Identify 12 minimally processed value-added products that optimize the usage of specialty crops. Develop 12 shelf-stable products that optimize the use of specialty crops to increase utilization, reduce waste and extend the agricultural season of specialty crops that grow well in the Massachusetts climate zone.

Objective 2: Validate the product formulations to ensure that the proper process controls and regulatory compliance are regulatory compliant to meet the proper food safety parameters utilizing scale appropriate process controls oriented to small scale production.

Objective 3: Extension Education and Evaluation; Research outcomes identified from this project will be translated for use by stakeholders through a variety of extension activities.

Introduction to the CFR





Code of Federal Regulations Title 21 Section 114

- Acidified foods shall be so manufactured, processed, and packaged that a finished equilibrium pH value of 4.6 or lower is achieved within the time designated in the scheduled process and maintained in all finished foods.
- Manufacturing shall be in accordance with the scheduled process.
- Acidified foods shall be thermally processed to an extent that is sufficient to destroy the vegetative cells of microorganisms of public health significance and those of nonhealth significance capable of reproducing in the food under the conditions in which the food is stored, distributed, retailed and held by the user.
- The **scheduled process** shall be established by a qualified person who has expert knowledge acquired through appropriate training and experience in the acidification and processing of acidified foods.
- A commercial processor, when first engaging in the manufacture, processing, or packing of acidified foods (AF) or low-acid canned Foods (LACF) **shall register and file with FDA** information including the name of the establishment, principal place of business, the location of each establishment in which that processing is carried on, the processing method, and a list of foods so processed in each establishment (21 CFR 108.25(c)(1) and 21 CFR 108.35(c)(1))



Steps to Create an Acidified Food

- 1. Obtain a Scheduled Process from a qualified personnel
- 2. Register the facility where the product is being produced with the FDA
- 3. Register the product with the FDA
- 4. The producer must attend a Better Process Control Schools for acidified foods

Project Update

Formulas Created	Sizes (oz)
Apple Butter	8 & 16
Bread and Butter Pickles	8 & 16
Bruschetta in a Jar	16
Cranberry Sauce	8 & 16
Diced Tomatoes	16, 32, & 64
Dill Relish	8 & 16
Jalapeno Tomato Salsa	16
Pickled Asparagus	8 & 16
Pickled Beets	8 & 16
Pickled Carrots	8 & 16
Pickled Dill Beans	8, 16, & 32
Pickled Radishes	8 & 16
Pickled Turnips	8 & 16
Red Hot Sauce	8
Zucchini Pickles	8 & 16





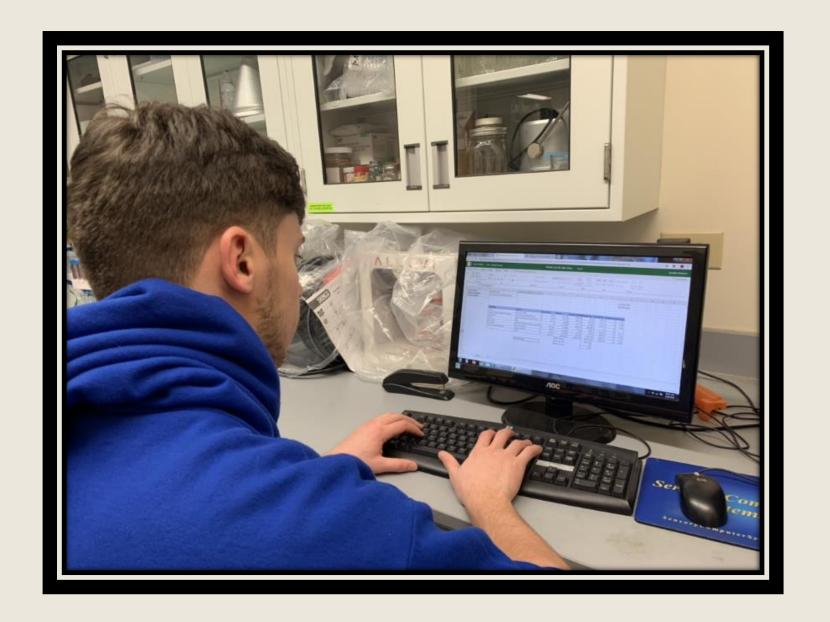




Understanding the process of the project

Converting to gram weight
Testing
Obtaining a scheduled process

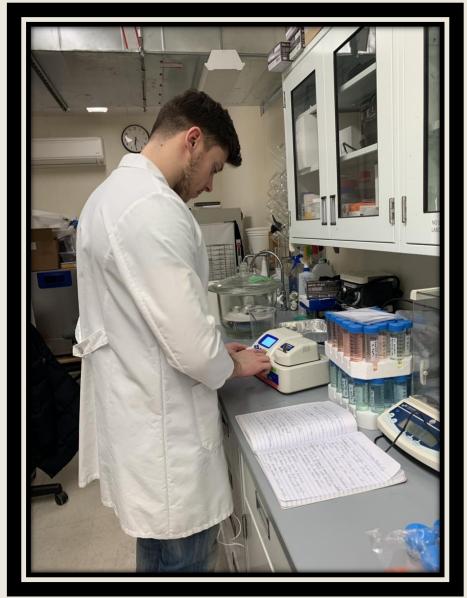
Creating the Formula



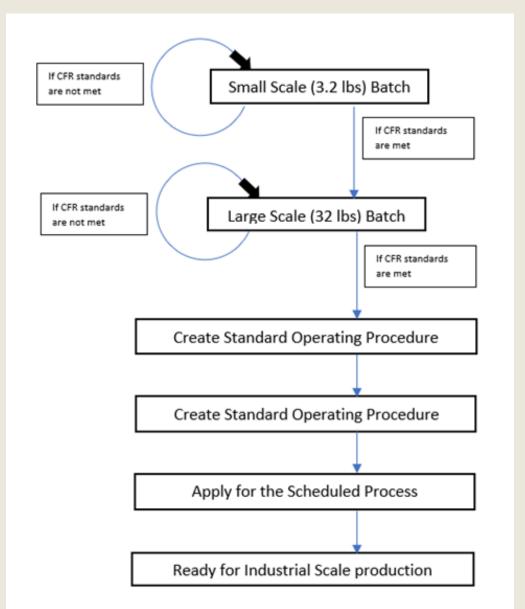
Converting to Gram Weight



Taking Measurements



Procedure of Project



- After receiving scheduled process
 - Register with FDA

Process of Project – Example Dilly Beans 08062016

		Ingredient				
Ingredients	Source	Cost/lb		Percent	Weight (g)	Formula Cost/lb
Green Beans, fresh	Pilot Plant Market	\$	1.99	37.91%	1065.00	\$ 0.75
Vinegar, white distilled	Pilot Plant Market					
5% acidity		\$	0.29	42.22%	1186.00	\$ 0.12
Water, tap water	Тар	\$	-	16.70%	469.00	\$ -
Salt, kosher	Pilot Plant Market	\$	0.37	1.77%	49.70	\$ 0.01
Red Pepper, flakes dried	Pilot Plant Market	\$	7.68	0.11%	3.03	\$ 0.01
Dill Sprigs, fresh	Pilot Plant Market	\$	14.00	0.53%	14.86	\$ 0.07
Garlic, minced	Pilot Plant Market	\$	29.72	0.76%	21.40	\$ 0.23
	Total			100.00%	2808.99	\$ 1.19

Process of Project - Example Dilly Beans 08062016

8oz Jars	Triplicate 1	Triplicate 2	Triplicate 3
pH brine:	3.5	3.6	3.5
average:	3.5		
pH solids:	3.6	3.6	3.6
average:	3.6		
pH equilibriated:	3.5	3.6	3.6
average:	3.6		
water activity:	0.9712	0.9791	0.9729
average:	0.9744		

Notes: 13lb raw turnip pre slice refrigerated 3:30p

- Replicate three times to show reproducibility
- Noting sensory aspects
- Ensuring that the CFR standards are met
 - pH below 4.6
 - Water Activity above 0.85

Sensory: nice sweet and sour flavor, more mild than beets nice crunch like pickles good mouth feel

Scheduled Process

- Contains information about
 - Sizes allowed to produce
 - Processing method
 - Any relevant safety measures



December 28, 2017

Ryan Claudino 100 Holdsworth Way Amherst, MA 01003-9282 INVOICE # 3233

Dear Ryan:

Following are the results of the analyses performed on the samples sent to us for testing:

SAMPLE	pН	WATER ACTIVITY @ 25 C
1) Dill Relish	3.64	0.975
2) Dilly Beans	3.59	0.985

Test Results:

Based on the pH results, you met our recommendations of an overall product pH level of 4.20 or below for water bath processed products. You must follow our processing method changes and critical factors below to ensure the microbiological safety of your products.

Processing Methods:

You must follow Good Manufacturing Practices:

http://www.fda.gov/Food/GuidanceRegulation/CGMP/default.htm.

You must also become familiar with the new FDA Food Safety Modernization Act changes to foods safety regulations, which will impact most businesses:

 $\underline{\text{http://www.fda.gov/Food/GuidanceRegulation/FSMA/}}. \ \ If you are processing food products, you must register your facility with the FDA:$

https://www.fda.gov/Food/GuidanceRegulation/FoodFacilityRegistration/ucm2006831.htm.

Please make the following changes to your processing methods, which can ensure your product safety:

Figure proper capitation methods. This website links to a capitation fact sheet that may

Test Results:

Based on the pH results, you met our recommendations of an overall product pH level of 4.20 or below for water bath processed products. You must follow our processing method changes and critical factors below to ensure the microbiological safety of your products.

Scheduled Process

Processing Methods & **Critical Factors**



- We recommend a water bath process for this product.
- o The green beans must be trimmed evenly to ensure no beans are protruding into the
- The product temperature must be monitored prior to water bath canning. The temperature must be at least 100 deg F or higher before water bath processing. You must check the center of the coldest container, which is usually the first container filled after all the containers from the entire batch have been filled.
- The products must be hot filled into sanitized jars and immediately water bath canned. A water bath canning time of 10-minutes is adequate for 16-ounce containers or less and
- Be sure to have at least 1 inch of water covering your containers and you are timing your water bath processing time once the water reaches a rolling boil (212 deg F) with the

Dill Relish:

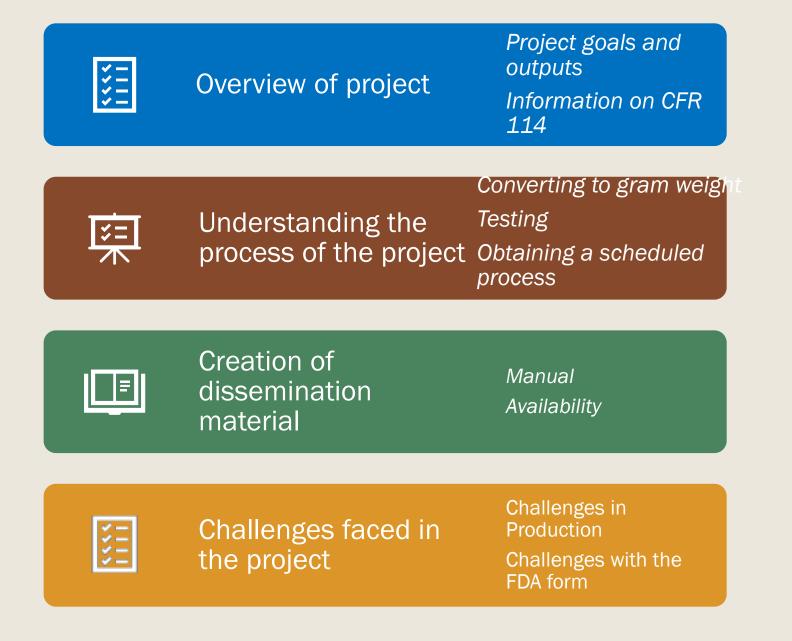
- We recommend a water bath process for this product.
- Diced cucumbers and spices can be allowed to stand at room temperature for 2 hours or less or must be held under refrigerated temperatures.
- The product temperature must be monitored prior to water bath canning. The temperature must be at least 100 deg F or higher before water bath processing. You must check the center of the coldest container, which is usually the first container filled after all the containers from the entire batch have been filled.
- The products must be hot filled into sanitized jars and immediately water bath canned. A water bath canning time of 15-minutes is adequate for 16-ounce containers or less.
- Be sure to have at least 1 inch of water covering your containers and you are timing your water bath processing time once the water reaches a rolling boil (212 deg F) with the containers in the water bath.

Disclaimer



Please note, you are accepting these recipes under the known expectation that you will not change any of the formulations as making any changes to these products can introduce a food safety hazard.

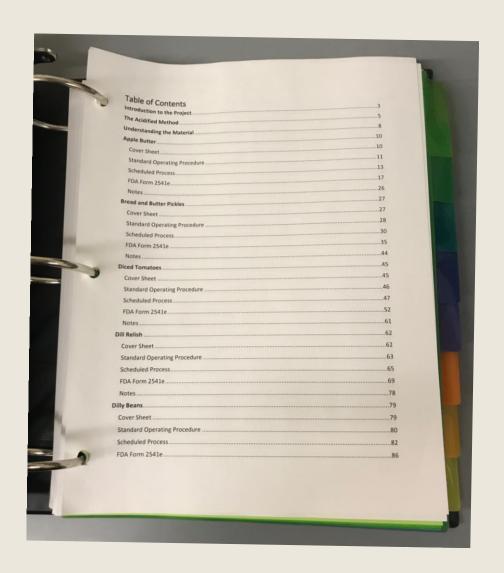




Manual

- General set up
 - Introduction to the project
 - The acidification method
 - Understanding the material
 - Section for each recipe

- Each Recipe
 - Cover Sheet
 - Standard Operating Procedure
 - Scheduled Process
 - FDA Registration Template
 - Any Notes about the Formula



Cover Sheet

Category of Product

Name of Product

Dilly Beans

Acidified Food 08162018

Identification Number

Date and Place Developed

Date Developed: 12/28/2017

100 Holdsworth Way Amherst, MA 01003-9282

Possible Sizes

Sizes: 32 oz, 16 oz, 8 oz

Critical Factors

Skeleton Procedure

Fill Temperature > 100°F Water Bath Can Time: 10 min Actual Product pH & AW

Product pH: 3.59

Critical Factors

Max pH < 4.20

Product Water Activity: 0.985

Formula by Weight

Ingredients	By Weight (%)
Green Beans	37.91%
White Vinegar	42.22%
Water	16.70%
Salt	01.77%
Dried Red Pepper	00.11%
Dill Sprigs	00.53%
Garlic Cloves	00.76%
Total	100%

Procedure

- 1. Cut ends off green beans
- 2. Chop dill and garlic
- 3. Pack green beans into jars
- Bring all ingredients except green beans to a boil (212°F)
- 5. Fill jars with brine at 180°F
- 6. Thermally process in water bath for 10 minutes at 212°F



CAUTION - DO NOT CHANGE!!!

You must follow this process exactly as it is written to maintain food safety



Warning Statement

Standard Operating Procedure

Dilly Beans Standard Operating Procedure

Name of Product

CFR 21 Guidelines for Dilly Beans: pH under 4.6

Water Activity above 0.8500

CFR Requirements

Procedure

SOP

- Gather all equipment and ingredients. Scale, knife, cutting board, large pot, ladle, jars, lids, closures, green beans, white vinegar, water, salt, dried red pepper, dill sprigs, and garlic cloves
- Clean jars, lids, and closures in warm soapy water and lay them facedown on a paper towel to dry near the canning area
- 3. Measure all ingredients following the percentages

 Green Beans, fresh
 37.91%

 White Vinegar, white 5% acidity
 42.22%

 Water, tap
 16.70%

 Salt, kosher
 01.77%

 Garlic, diced
 00.76%

 Dill Sprigs, fresh diced
 00.53%

 Dried Red Pepper, flakes dried
 00.11%

Ingredients by Percentage

- Cut the ends off the beans and make sure that there are none longer than the height of the jars
- 5. Fill jars with beans by placing them straight up in down in the jars, pack jars tightly
- 6. Chop the dill sprigs into small size
- 7. Chop the garlic cloves into small size
- Place vinegar, water, red pepper, dill sprigs, and garlic into the steam kettle
- 9. Bring the mixture to a boil (should boil at 214°F)
- Ladle hot mixture into the jars with the beans leaving 1.2 inch headspace, make sure the mixture maintains a constant temperature of at least 190°F
- 11. Tighten lid and closure on jar
- 12. Follow instructions below for thermal processing

Instructions for Processing Method

Steam Kettle Thermal Processing

- Fill the steam kettle with water to the halfway line, or to the point above where all the jars in the basket will eventually be placed.
- 2. Turn the pressure gauge up to bring the water to a rolling boil.
- Once the jars have been filled with the product and have been wiped down and capped, they should all be placed in the metal basket and put in the hot water.
- Place the metal basket into the hot water and cap the steam kettle and start a timer for 10 minutes
- After 10 minutes, turn the pressure gauge off to lower the heat and remove the lid of the steam kettle, but allow the jars to sit in the hot water for another 5 minutes.
- At the end of the 5 minutes, remove the metal basket and the hot jars from the steam kettle
- 7. Drain the steam kettle of the hot water, and wipe the steam kettle and the lid down to

Scheduled Process

- Contains information about
 - Sizes allowed to produce
 - Processing method
 - Any relevant safety measures



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http://www.fda.gov/Food/GuidanceRegulation/FSMA/. If you are processing food products, you must register your facility with the FDA:

https://www.fda.gov/Food/GuidanceRegulation/FoodFacilityRegistration/ucm2006831.htm.

Please make the following changes to your processing methods, which can ensure your product safety:

- Ensure proper sanitation methods. This website links to a sanitation fact sheet that may be helpful to follow proper sanitation practices: http://edis.ifas.ufl.edu/fs077.
- Use food grade detergents, sanitizers and use the concentration recommended by the
 manufacturer for sanitizing food contact surfaces. If you decide to use bleach as a
 sanitizer, be sure to purchase "Germicidal Bleach" and do not exceed 200 ppm for food
 contact surfaces. The concentration needs to be checked with test strips.
- Any containers that come in contact with your ingredients/food product must be made of food-grade materials.
- The hot fill temperatures must be monitored with a calibrated thermometer and documented in your batch records.

MAINE'S LAND GRANT AND SEA GRANT UNIVERSITY

DEPARTMENT OF HEALTH AND HUMAN SERVICES Food and Drug Administration	Food Process Filing for Acidified Method (Form FDA 2541e)						
	iling for Low-Acid Retorted Method (Form FDA 2541d); Food Process Filing for Acidified Method Form FDA 2541f); and Food Process Filing for Low-Acid Aseptic Systems (Form FDA 2541g).						
ISE FDA INSTRUCTIONS ENTITLED "Instructions for Paper Submission of Form	FDA 2541e (Food Process Filing for Acidified Method)"						
DA USE ONLY Date Received by FDA:/ (MM/DD/YYYY)							
ood Canning Establishment (FCE) Number (Enter number assigned by FDA)	Submission Identifier (SID) (YYYY-MM-DD/SSS)						
	20/						
A. Product Information	A.1 (Food Product Group) (Continued)						
Note: Section A.1 (Food Product Group) requests optional information.	Fungi (e.g., mushrooms, pleurotus, truffles, etc.)						
. (Optional) Select one Food Product Group. If there is no single best Food Product Group that applies, select Other.	Gelatin, Pudding Filling for Pies, Pie Filling (liquid form ready-to-eat such as apple pie filling, etc.)						
Aquaculture Seafood (e.g., farming of aquatic organisms including fish, mollusks, crustaceans, etc.)	Gravies/Sauces (spaghetti sauce, mushroom gravy) Imitation Dairy (includes soy-based products)						
Baby Food (infant/junior foods including infant formula)	Imitation/Pit/Mixed/Subtropical Fruit						
Bakery Products (canned brown bread, bakery glazes)	Imitation/Pit/Mixed/Subtropical Fruit						
Beans, Corn, or Peas Beans, Corn, Peas - Dry or Mature Soaked Beans, Corn, Peas - Fresh Succulent	☐ Imitation/Pit/Mixed/Subtropical Fruit as a Jam, Jelly, Preserve, Drink, Syrup, Topping						
Berry/Citrus/Core Fruit	Leafy/Stem Vegetables						
☐ Berry/Citrus/Core Fruit	□ Leafy/Stem Vegetable □ Leafy/Stem Vegetable as a Juice or Drink (e.g., spinach juice, etc.)						
☐ Berry/Citrus/Core Fruit as a Jam, Jelly, Preserve, Drink, Syrup, Topping							
Beverage Base Breakfast Foods (liquid form – ready-to-eat, such as porridge, g	pruel) Meal Replacement/Medical Foods (e.g., supplemental liquid nutrition, etc.) Meat Products (Exotic Meat (emu, elk, etc.)) Mixed Fishery (e.g., seafood salad, et						
☐ Cheese (does not include soy cheese or imitation dairy) ☐ Cocoa ☐ Coffee/Teas (excluding herbal and botanical teas)	Mixed Vegetables						
Cocoa ☐ Coffee/Teas (excluding herbal and botanical teas) Crustacean (e.g., crab, shrimp, lobster, etc.) ☐ Dairy (milk-based)	Mixed Vegetables (e.g., carrots and peas, etc.)						
Dietary Supplement and/or herbal and botanical teas	Mixed Vegetables as a Juice or Drink (e.g., carrot and green bean juice, etc.)						
Dressings/Condiments (e.g., salad dressing, chutney, salsa, pepper sauce, etc.)	☐ Multiple Food (one container with a separate compartment for each product item (e.g.,						
Engineered Seafood (e.g., shelf-stable imitation crab, surimi, etc.)							
Fishery (other aquatic (e.g., alligator, cuttlefish, frog legs, squid, etc.)	Noodle/Pasta Nut Spread and Nut Topping Other Vegetables						
ruit as a Vegetable	Pet Food (e.g., dog/cat food, etc.) Rice, Wheat, Oat or Grain (liquid form – ready-to-eat such as grits)						
Fruit as a Vegetable (e.g., eggplant, pumpkin, etc.)							
Fruit as a Vegetable Juice or Drink (e.g., eggplant juice, pumpkin juice, etc.)	Root and Tuber Vegetables						
	Root/Tuber Vegetables (e.g., carrots, leeks, potatoes, etc.)						
	Root/Tuber Vegetables as a Juice or Drink (e.g., carrot juice, etc.)						

FDA Form 2541e

- Extensive Government form
- Uses information from scheduled process
- Filed after receiving approval from FDA for facility registration



UMa

FDA Form 2541e - Example ~ Dilly Daara Agacante E. Processing Method: Acidification: (Continued) Acidifying Agent(s): (Select all that apply) Acid Food(s) Apple Product(s) (other than vinegar) Food Process Filing for Acidified Method (Form FDA 2541e) E. Pro D. Container Size Furnario Acid Gluconic Acid 5. Aci Note: You are required to complete either D.1 (Dimensions) or D.2 (Volume). You may complete D.2 if you intend to select the thermal process mode in Section G as: 1) High Phosphoric Acid Hydrochloric Acid Malic Acid Temperature Short Time (HTST); 2) Hot Fill and Hold; or 3) Steam Jacketed Kettle. Microbial Preservative(s) critical to the scheduled process; (Select all that apply and enter If you are completing D.2 because you intend to select HTST, Hot Fill and Hold, or Steam Jacketed Kettle, and if 1) your product is a cheese product under Section A.1, percent concentration(s)) and 2) you have identified "Other" under Section C, you may indicate "Not Applicable" In your response to D.2. In all other circumstances, if you are completing D.2 in Microbial Preservative Concentration (%) accordance with the directions in paragraph 1, you may not select "Not Applicable." ☐ Alcohol _____ For all other circumstances, complete D.1. Section D.3 (net weight) is optional ☐ Ascerbic Acid information. 6. Mic Benzoic Acid per 1. Dimensions Microbia ☐ Butylated Hydroxyanisole a) ____ Diameter ___ Height (Use for cylindrical shapes) (see accompanying ☐ Alcoh ■ Butylated Hydroxytoluene instructions for proper coding) □ A800 Calcium Chloride enz 2. Volume: 1 (Select one) ☐ Calcium Propronate Calcium Sorbate Fluid Ounces Not Applicable Erythorbic Acid Ethanol ryth Gucono Delta Lactone L. Ethai Polysorbate ☐ Gucc E. Processing Method: Acidification: Polys Potassium Benzoate ne bottom of the form. Pota Potassium Bisulphate What is the natural pH of the low-acid ingredient(s) before acidification? ☐ Potas Potassium Metabisulphite Pota on? _6.20 Potas ☐ Potassium Propionate 2. What is the finished equilibrium pH of the product after acidification? 3.61 ☐ Potas Potassium Sorbate ☐ Potas shed equilibrium pH of Potassium Sulphite What is the maximum time it takes for the product to achieve the finished equilibrium pH of Prop Salt. Propylparaben 4.60 or lower? __17_2 ☐ Sodii 54 Salt _0.2.1 ☐ Sodii □ Direct In Container ☐ Sodium Benzoate ☐ Sodia Sodi Sodium Bisulphate ☐ Sodii ☐ Sodium Chloride 4. Method of Acidification (Select One) Sodi ☐ Sodi □ Sodium Erythorbate Sodium Metabisulfite Addition of Acid Foods □ Direct Batch Sodium Polyphosphate Page 5 of 9 Sodium Propionate ☐ Immersion

UMa

FDA Form 2541e - Example Dilly Beans 08062016

		Food P	roces	s Filing for	Acidified M	ethod (Fo	rm FDA	2541e)										
		dashed lines.)						shaded areas Check appropriate box under column heading, when applicable, and enter numerical values on er decimal points. They are already on the form. No blank spaces are allowed, therefore, enter leading zeros, where necessary										
				October 100			1			on the forr	n. No blan	2.5.7.5.05.15.5.05		therefore	, enter leadi	T		ry.
		Col. 1 Process	Col. 2	Col. 3 Temperature	Col. 4 e Process	Col. 5 Process	Col. 6 F value	Col. 7	Col. 8	a, Reel	b. Reel		ol. 9 d. Chain/	a. Cooker	f. Frequency	Col. 10 Maximum	Cal. 11 Other	
		Min	Step		Time	Tamparahira	1 tooks one	A Conta	iners	Steed	Dismaler	C. Soeps per	e	Conscitu	Circles our	ETE Walnut		
Col. 1	Col. 2	Col. 3		Col. 4	Col. 5	Col. 6	C		Col. 8				Col. 9	-	-		Col. 10	Cal. 11
Process Sis	Step	Temperat		Process Time	Process Temperature	F value forty one	1 (0	hraput Containers er Minute)	Headspace	a. Reel Speed	b. Reel Diameter	c. Steps pr Turn of Reel	er d. Chui Convey Speed		e. Cooker Capacity	f. Frequency Strokes per Minute	Maximum Fill Weight	Other
		Min. b	et i	Seconds Minutes Hours		Fo (F18/2) Other Ref T1 z 1 (g. ("F onl	00		Net Gross				Ger mir	rriers ghts			□ Fill ⊠ NA	
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FORM FDA 2541e (1/18)

Dissemination

Form to Receive Approval from Amanda Kinchla for Acidified Shelf Stable Foods

By filling out this form it is understood that you recognize the seriousness of producing these products as they are written. Not doing so will jeopardize the safety of the food and its consumers. Deviation from the formulas makes you (the participant) liable for any external cause. Sharing this information with any third party is prohibited.

Name (first and last)*

Email*

Phone Number

Approval Information

To gain approval you will need to provide FCE number for the kitchen you are planning to produce at, and the approved processors name, date and location that they completed the better process control schools for acidified food.

FCE (food canning establishment number)*

Location of Processing Facility

Name of processor who attended better process control schools*

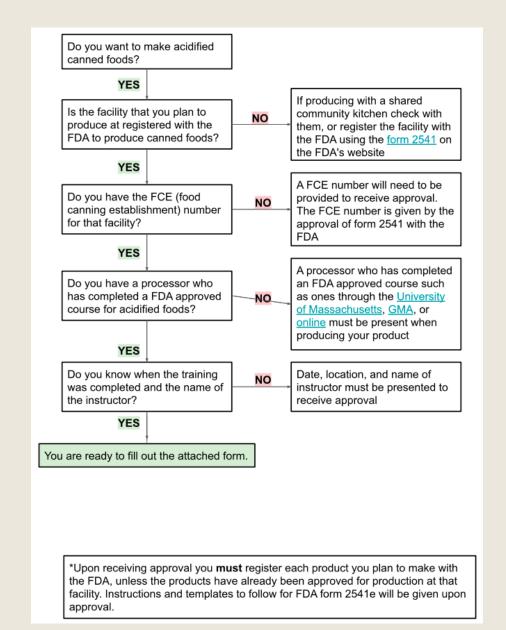
Date of process control school* MM/DD/2019

Location of process control school*

Your response has been recorded Submit another response

*Require answers





Thank you

- MA Department of Agriculture, Specialty Crop Block Grant
- UMASS Food Science Department
- UMASS Experimentation Station
- UMASS Honors College Program
- Franklin County Community
 Development Center, Food Processing
 Center
- Commonwealth Kitchen











Questions and Comments Please!