

NUTRITION EDUCATION PROGRAM



Food Access Resources in 01605

FARMERS' AND MOBILE MARKETS

Mobile Markets (seasonal)

Phone: 508-799-9139

www.recworchester.org/market-schedule

Green Hill Towers

27 Mount Vernon Street

Tuesdays, 10:30 to 11:30 am

Lincoln Village, Victoria Center

116 Country Boulevard

Thursdays, 1:30 to 2:30 pm

Vida Nueva—REC Mobile Market

8–16 Piedmont Street, Worcester 01610

Phone: 508-799-9139, Seasonal. Call for dates of operation. Pre-ordered and pre-packaged HIP share on Wednesdays. Payment processed upon pickup. Customers can pay with SNAP or HIP.

www.recworchester.org/hiptogo

FOOD PANTRIES

Food pantries in zip code 01605 and within 1.5 miles. Please call for food pantry hours.

Carty Cupboard Food Pantry

114 Main Street, 508-799-4191

Friendly House—Plumley Village

16 Laurel Street, 508-755-3989

John Street Baptist Church Food Pantry

43 John Street, 508-753-4991

Massachusetts Veterans Food Pantry

Serving veterans and families of veterans ONLY

69 Grove Street, 508-791-1213 ext. 10

Orthodox Food Pantry

102 Russell Street, 508-841-5287

St. Oscar Romero Food Pantry

19 Chatham Street, 508-799-4193 ext. 11

Free Hot Meal Delivery for COVID-19 Positive Families

This program provides meals to families for up to one week who have at least one COVID-19 positive household member. Call the Family Resource Center at 508-796-1411 or email wfrc@youinc.org.

SCHOOL MEALS

Grab & Go Meals—Breakfast and Lunch

All children and teens up to age 22 years enrolled in high school and/or English Language Learner Programs.

Worcester Public Schools (01605)

Monday–Thursday, 3:00 to 6:00 pm

Friday, 10:00 am to 1:00 pm includes weekend meals

Belmont Street Elementary School

170 Belmont Street

City View Elementary School

80 Prospect Drive

STATEWIDE RESOURCES

Project Bread

For additional information on nutrition resources, including SNAP, P-EBT, free meals for children and teenagers, and meal delivery for seniors, call the Food Source Hotline at 800-645-8333 or visit www.projectbread.org.

Healthy Incentive Program (HIP)

HIP provides SNAP participants extra money to spend at participating farmers' markets, farmstands, and Community Supported Agriculture programs (CSAs) to purchase fresh fruits and vegetables.

P-EBT Benefits

All children who are eligible for free or reduced-price meals also receive P-EBT benefits. Contact your local school districts about eligibility and meal sites. Call the DTA Assistance Line at 877-382-2363 or visit MAP-EBT.org.

Food Access Resources in 01605

Worcester Public Schools Food

Truck – Monday through Friday

Chino Avenue Play Yard

135 Chino Avenue – 12:50 pm

Curtis Apartments

32 Greatbrook Valley Avenue – 1:10 pm

Greatbrook Valley Library

89 Tacoma Street – 12:30 pm

Greendale YMCA

75 Shore Drive – 11:30 am

Harlow Street Schoolyard

15 Harlow Street – 1:45 pm

Friendly House Grab & Go Meals (01605) Food Truck

Grant Square Park

at Northampton and Windsor Streets

Monday–Friday, 12:45 to 1:15 pm

Homework Center

45 Freedom Way

Monday–Friday, 11:30 am to noon

Kids Club

180 Constitution Avenue

Monday–Friday, 11:30 am to noon

Lake Park

281 Lake Avenue

Monday–Friday, 10:30 to 11:00 am

SENIOR MEALS

Meals on Wheels

Contact Elder Services of Worcester Area's

Information & Referral Department

Phone: 508-756-1545

SNAP

SNAP outreach partners assist with SNAP applications over the phone. Available to elders, families, and children in need.

Catholic Charities of the Diocese of Worcester, Inc.

10 Hammond Street

Monday–Friday, 8:00 am to 5:00 pm

Phone: 508-798-0191

Pernet Family Health Services

237 Millbury Street

Monday - Friday, 9:00 am - 5:00 pm

Phone: 508-755-1228

Worcester County Food Bank

Tuesday–Friday, 8:00 am to 1:00 pm

Phone: 508-842-3663 ext. 221

WOMEN, INFANTS, AND CHILDREN (WIC)

Edward M. Kennedy Health Center WIC

19 Tacoma Street

Monday, Wednesday, and Thursday

8:30 am to 5:00 pm

Tuesday, 8:30 am to 7:00 pm

Friday, 8:30 am to 3:00 pm

Phone: 508-753-2904

Staff are taking calls remotely.

Family Health Center of Worcester WIC

199 Chandler Street

Monday–Friday, 8:30 am to 5:00 pm

1st Saturday of the month, 9:00 am to 1:00 pm

Phone: 508-796-7000

Staff are taking calls remotely.

Statewide Resources



Supplemental Nutrition Assistance Program (SNAP)

Department of Transitional Assistance

The Department of Transitional Assistance (DTA) administers SNAP benefits. SNAP provides a monthly benefit to buy nutritious foods. To get SNAP, you must be of low-income and be a U.S. citizen or legal noncitizen (restrictions apply).

50 Southwest Cutoff

8:15 am to 4:45 pm

Phone: 877-382-2363 or 508-767-3100

<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

Massachusetts DTA is here to help. From this website you can apply for SNAP, TAFDC and EAEDC benefits.

www.dtaconnect.eohh.mass.gov

Women, Infants, and Children (WIC) Nutrition Program

A free nutrition program that provides healthy foods, nutrition education, breastfeeding support, referrals to healthcare, and other services to Massachusetts families who qualify.

Phone: 800-942-1007

www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program

