

## NUTRITION EDUCATION PROGRAM



# Food Access Resources in 01604

## FARMERS' AND MOBILE MARKETS

**Mobile Markets (seasonal)** within 3 miles  
Phone: 508-799-9139  
[www.recworchester.org/market-schedule](http://www.recworchester.org/market-schedule)

### Seabury Heights

240-244 Belmont Street  
Tuesdays  
8:30–9:30 am

### Vida Nueva–REC Mobile Market

8–16 Piedmont Street, Worcester 01610  
Phone: 508-799-9139, Seasonal. Call for dates of operation. Pre-ordered and pre-packaged HIP share on Wednesdays. Payment processed upon pickup. Customers can pay with SNAP or HIP.  
[www.recworchester.org/hiptogo](http://www.recworchester.org/hiptogo)

## FOOD PANTRIES

Food pantries in zip code 01604.  
Please call for food pantry hours.

### AIDS Project Worcester Food Pantry

85 Green Street  
Phone: 508-755-3773 ext. 16

### Fountain of Life Food Pantry

23 Coral Street  
Phone: 508-791-5555

### Friendly House, Inc.

36 Hall Street  
Phone: 508-755-4362

### St John's Church

44 Temple Street  
Phone: 508-756-7165

## Free Hot Meal Delivery for COVID-19 Positive Families

This program provides meals to families for up to one week who have at least one COVID-19 positive household member. Call the Family Resource Center at 508-796-1411 or email [wfrcc@youinc.org](mailto:wfrcc@youinc.org).

## SCHOOL MEALS

### Grab & Go Meals–Breakfast and Lunch

All children and teens up to age 22 years enrolled in high school and/or English Language Learner Programs.

### Worcester Public Schools (01604)

Monday–Thursday  
3:00 to 6:00 pm  
Friday  
10:00 am to 1:00 pm includes weekend meals

### Grafton Street Elementary School

311 Grafton Street

### North High School

140 Harrington Way

### Union Hill Elementary

1 Chapin Street

## STATEWIDE RESOURCES

### Project Bread

For additional information on nutrition resources, including SNAP, P-EBT, free meals for children and teenagers, and meal delivery for seniors, call the Food Source Hotline at 800-645-8333 or visit [www.projectbread.org](http://www.projectbread.org).

### Healthy Incentive Program (HIP)

HIP provides SNAP participants extra money to spend at participating farmers' markets, farmstands, and Community Supported Agriculture programs (CSAs) to purchase fresh fruits and vegetables.

### P-EBT Benefits

All children who are eligible for free or reduced-price meals also receive P-EBT benefits. Contact your local school districts about eligibility and meal sites. Call the DTA Assistance Line at 877-382-2363 or visit [MAp-EBT.org](http://MAp-EBT.org).

# Food Access Resources in 01604

**Worcester East Middle School**  
420 Grafton Street

## **Friendly House Grab & Go Meals Food Truck (01604)**

**Banis Field**  
158 Dorchester Street  
12:45 to 1:15 pm

## **SENIOR MEALS**

### **Meals on Wheels**

Contact Elder Services of Worcester Area's Information & Referral Department  
Phone: 508-756-1545

## **SNAP**

SNAP outreach partners assist with SNAP applications over the phone. Available to elders, families, and children in need.

### **Catholic Charities of the Diocese of Worcester, Inc.**

10 Hammond Street  
Monday–Friday  
8:00 am to 5:00 pm  
Phone: 508-798-0191

### **Pernet Family Health Services**

237 Millbury Street  
Monday–Friday  
9:00 am to 5:00 pm  
Phone: 508-755-1228

### **Worcester County Food Bank**

Tuesday–Friday  
8:00 am to 1:00 pm  
Phone: 508-842-3663 ext. 221

## **WOMEN, INFANTS, AND CHILDREN (WIC)**

### **Edward M. Kennedy Health Center WIC**

19 Tacoma Street  
Monday, Wednesday, and Thursday  
8:30 am to 5:00 pm  
Tuesday  
8:30 am to 7:00 pm  
Friday  
8:30 am to 3:00 pm  
Phone: 508-753-2904  
Staff are taking calls remotely.

### **Family Health Center of Worcester WIC**

199 Chandler Street  
Monday–Friday  
8:30 am to 5:00 pm  
1st Saturday of the month  
9:00 am to 1:00 pm  
Phone: 508-796-7000  
Staff are taking calls remotely.

## Statewide Resources



### **Supplemental Nutrition Assistance Program (SNAP)**

#### **Department of Transitional Assistance**

The Department of Transitional Assistance (DTA) administers SNAP benefits. SNAP provides a monthly benefit to buy nutritious foods. To get SNAP, you must be of low-income and be a U.S. citizen or legal noncitizen (restrictions apply).

50 Southwest Cutoff  
8:15 am to 4:45 pm  
Phone: 877-382-2363 or 508-767-3100  
<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

Massachusetts DTA is here to help. From this website you can apply for SNAP, TAFDC and EAEDC benefits.  
[www.dtaconnect.eohh.mass.gov](http://www.dtaconnect.eohh.mass.gov)

### **Women, Infants, and Children (WIC) Nutrition Program**

A free nutrition program that provides healthy foods, nutrition education, breastfeeding support, referrals to healthcare, and other services to Massachusetts families who qualify.

Phone: 800-942-1007  
[www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program](http://www.mass.gov/how-to/apply-for-the-women-infants-children-wic-nutrition-program)

