



## UMass Extension 4-H Program

September 1, 2023

### Upcoming 4-H Calendar of Events

Date	Title	Time & Location	Registration Info or Zoom Link
9/2-9/3	East Middleboro Fair	Thompson Street East Middleboro, MA	
9/7	Big E 4-H Beef Team Orientation	Zoom 7:00 PM	<a href="mailto:ccsears@umass.edu">ccsears@umass.edu</a>
9/8-9/10	Western Regional 4-H Horse Show	Three County Fairgrounds in Northampton, MA	
9/13	State 4-H Horse Advisory Committee Meeting	Zoom 7:00 PM	<a href="mailto:ccsears@umass.edu">ccsears@umass.edu</a>
9/16	4-H Day at the Big E	Eastern States Exposition Springfield, MA	
10/20	Worcester County 4-H Re-enrollment Day	Auburn 4-H Office 4-7 PM	<a href="mailto:kscalera@umass.edu">kscalera@umass.edu</a>

### Approaching Deadlines

Event/Application	Deadline	Link or Contact Info
Annual Club & Advisory Financial Reports due to Regional 4-H Offices	ASAP (were due 8/1)	Contact your regional office with questions.
Ignite Summit Application	10/31	<a href="https://forms.gle/A8tn2UfRMn9mbaDBA">https://forms.gle/A8tn2UfRMn9mbaDBA</a>
National 4-H Conference Application	10/31	<a href="https://forms.gle/c6Hf3BYWqEo5DLLP7">https://forms.gle/c6Hf3BYWqEo5DLLP7</a>
Record Books due to Regional Offices	10/31	Contact your regional office with questions.

### Opportunities to Support Recovery in Maui

Wildfires that started August 8 have killed at least 111 people in Maui, largely in an around the town of Lahaina on Maui's west coast. If clubs wish to support recovery efforts, they may encourage their communities to make donations to the following organizations which were shared with us by the Maui County 4-H Extension Agent in Hawaii:

- ☼ Hawai'i Community Foundation: <https://www.hawaiicommunityfoundation.org/home>
- ☼ Maui Food Bank: <https://mauifoodbank.org/donate/>
- ☼ Maui United Way: <https://mauiunitedway.org/disasterrelief>

Please remember, according to 4-H Fundraising Policy, **clubs may not raise funds directly**; instead, they may create public service announcements to raise awareness or provide links for individuals to make direct donations. 4-H volunteers and families of individual club members may make donations on behalf of their families but not the 4-H club.

# THE BIG E

SEPT. 15 - OCT. 1

## Big E Tickets

There is still time to purchase your Big E tickets at the discounted price. The deadline to order is September 13<sup>th</sup>. Tickets can be purchased at

<https://www.thebige.com/p/buy-tickets>

## 2023 Big E 4-H New England Center & Animal Shows Schedule

- Massachusetts Days in the New England Center—September 15 and September 16  
*4-H Day September 16*
  - Dairy Cattle 4-H Show – Thursday, September 14 - Sunday, September 17
    - Beef 4-H Show – Friday, September 22 - Monday, September 25
      - Horse 4-H Show – Thursday, September 21 - September 24
  - Dairy Goat 4-H Show - Thursday, September 28 - Saturday, September 30
    - Dog 4-H Show - Friday, September 29 - Sunday, October 1
    - Sheep 4-H Show - Friday, September 29 - Sunday, October 1

## Fair Schedule

Check out more information on Massachusetts Agricultural Fairs [here](#).

### East Middleboro 4-H Fair

**September 2<sup>nd</sup> - 3<sup>rd</sup>** at East Middleboro 4-H Clubhouse, Thompson Street (route 105). The fair is open September 2<sup>nd</sup> from 8:30 AM - 6:30 PM and September 3<sup>rd</sup> from 9:00 AM - 5:30 PM.

### The Big E

**September 15<sup>th</sup> – October 1<sup>st</sup>** at Eastern States Exposition. West Springfield, MA

### Topsfield Fair

**September 29<sup>th</sup> – October 9<sup>th</sup>**. Stay tuned for details.

## Biosecurity Measures

The 4-H fairs and shows are underway! If you haven't already, now is the time to refresh yourself on biosecurity measures you should take with your animals when going to or returning from an event. Here are a few good resources for you to check-out: [Livestock](#), [Poultry](#), [Equine](#)

SAVE THE DATE for the MA 4-H Day of Ag-cess!



# 4-H DAY OF AG-CESS

## LEARNING ABOUT FOOD INSECURITY

### OCTOBER 14TH 2023

Each county in Massachusetts will be holding a statewide Day of Ag-cess, this years theme being food insecurity, ran by their youth representative that attended the 4-H Ignite Summit. Look out for more info on the event in your area!!



# Get Involved!

## Applications Open!



**Attention 4-H Teens!** Massachusetts 4-H will be sending delegates to both the Ignite Summit from March 13-17, 2024 and to National 4-H Conference from April 19-24, 2024.. Enrolled 4-H high school aged youth may apply to the National Ignite Summit, National 4-H Conference, or both. If a youth is selected for both opportunities, they will need to choose which one they would like to attend because they cannot attend both in the same year.

**Applications are now open** and are due October 31<sup>st</sup>. For more information about applying for Ignite, reach out to [Kim Pond](#). For more information about applying for National 4-H Conference, reach out to [Cynthia Bushey](#).

[IGNITE  
Application Form](#)

[National 4-H  
Conference  
Application Form](#)

Click [here](#) for a preview of the Ignite application questions.

Click [here](#) for a preview of the 4-H Conference application questions.



## 4-H Re-enrollment Days!

The Massachusetts 4-H year runs from October 15<sup>th</sup> through October 14<sup>th</sup> of the following year. Returning members may begin re-enrolling in 4Honline beginning October 15<sup>th</sup>. Alternately, please watch for in person enrollment events for both new and returning members throughout the fall at various locations:

**Worcester County 4-H Re-enrollment Day at the Auburn Office**  
**Friday, October 20<sup>th</sup> from 4-7 PM**

We will have ice cream and toppings to make a sundae along with Massachusetts 4-H swag for all members who re-enroll at this event. It is also a great time to drop off your record books!

## Did You Miss the 4-H Records Program Training?

Our new Record Keeping program has launched! If you missed our training last week and would like to see the recorded training video, please contact [Cynthia Bushey](#).

## What Careers Interest You?

Please take a moment to answer a few questions about what professions or professionals you would like to see offered as future UMass 4-H Career Exploration Series presenter(s)! <https://bit.ly/CESideas2023>

# Animal Science Programs & Updates

## Horse Shows



### Western MA Regional 4-H Horse Show

Come join us on September 9 & 10 at the Three County Fairgrounds in Northampton, MA. 4-H and alum will be showing in a variety of divisions. For further information: <https://www.regional4horse.com/>

**A must read before you start showing the 4-H show circuit:** Review the latest rules, what is legal show equipment, the latest horse show forms, and other horse show details so that you are up-to-date before entering the ring. <https://ag.umass.edu/mass4h/clubs-programs/animal-science-program/horses>

Contact Carrie Sears at [ccsears@umass.edu](mailto:ccsears@umass.edu) with any animal science questions.

# STEM Programs & Updates

## 2023 4-H STEM Challenge

By completing three engaging activities and using cooperation, determination and the POWER of reusable energy, youth will PLAY and WIN together as *The Power Protectors!*

Check out this spotlight of one of the Power Protectors activities!

### Superhero Hideout

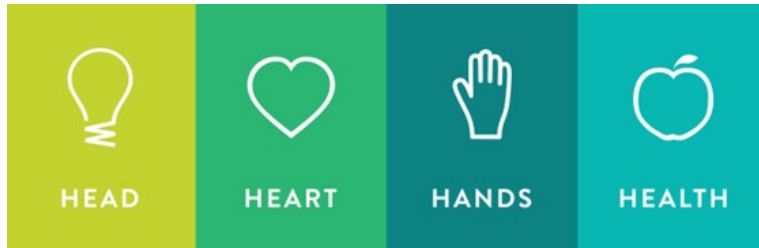
Youth will:

- ☘ Be introduced to renewable energy concepts
- ☘ Analyze and assess their own energy use
- ☘ Design an electrifying Power Protector hideout

[Click here](#) or contact [Kim Pond](mailto:Kim Pond) for more information on participating in this year's 4-H STEM Challenge!

Do you want to conduct a short-term STEM project with your club or others? Several options and kits are available such as electricity, rocketry, 3-D printing, and coding. For more information contact Kim Pond at [kima@umass.edu](mailto:kima@umass.edu)

# Community Service



## Season 4 of the Seasons of Giving Program

Thanks to all the clubs who have been participating in the Seasons for Giving Community Service Program!

A link has been sent out to club leaders for the 4th Season of Giving, as we are getting to the end of our 4-H year. It is great to see that some clubs have completed community service throughout the year and have submitted in each season so far. Clubs completing their 4th season of participation can pick from curriculum for the upcoming 4-H year or an end-of-year pizza or ice cream party to celebrate!

The program is designed for you to submit your projects as you complete them or you may submit them quarterly; however, if you have community service projects from earlier in the year, you can still enter them. This means that even if you completed a community service project back at the beginning of the 4-H year, you could still submit it.

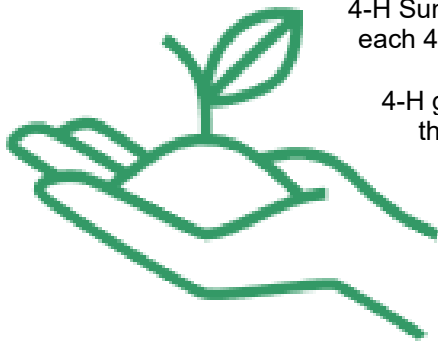
Remember that this program is progressive, and the reward choices get bigger and bigger the more you do throughout the year!

Notes about completing the form:

- The survey is for multiple types of projects and many of you will only have participated in one type of community service. Enter "0" or "null" in any sections that do not apply to you.
- You will receive a copy of your responses that you can save to include in your year-end club report.

## What is the Four Seasons of Giving Program?

Service to others has always been an important part of the 4-H club program. One part of the 4-H pledge states, "I pledge my hands to larger service." An entire section of the 4-H Summary Record is dedicated to the documentation of community service done by each 4-H member.



4-H groups often conduct community service projects in local communities where they meet. These projects include community beautification, collecting donations for food pantries, raising money for charities, volunteering in nursing homes and donating needed items to hospice and hospitals, to name just a few.

Find the details about our current list of ideas and incentives: [2022-2023 Four Seasons of Giving](#).

Club leaders will receive an email at the end of each season when it is time to report their results.

Thanks in advance for contributing to this statewide effort!

## Celebrating 4-H Youth

Last weekend, the Middlesex County 4-H Fair in Westford, MA was a success! Hundreds of people from the region descended upon the Middlesex Fair Grounds. 4-H youth displayed their abilities, talents, and skills for everyone to see, Junior Fair Directors led events, and we wished our Seniors well as they departed for college! Everyone on the grounds over the weekend noted countless smiles, joy, and youth demonstrating feelings of accomplishment.

This annual event is largely orchestrated and run by the 4-H youth with adult stewardship and succeeds with the steadfast vision, love, and commitment of countless volunteers and club leaders, their dedication to the mission of 4-H and our youth, and a sincere desire to give back.



Thank you to all who were involved. We hope to see you at the Topsfield Fair!

*Sheep dancing in the spirit of celebration of all the youth at the Middlesex Fair*

If you wish to highlight youth from your club in future 4-H NewsBlasts, contact [Cynthia Bushey](#).

## Massachusetts 4-H Foundation

### **Register Now for the 2023 Shirley Kane Memorial 4-H Golf Tournament**

The Massachusetts 4-H Foundation will hold its 21st annual Shirley Kane Memorial 4-H Golf Tournament on Monday, September 11th at the Holden Hills Country Club.

**The golf tournament supports ALL Massachusetts 4-H programs, including animal science, STEM, visual presentations, and more!** Plus, it's a fun time. Enjoy a great day of golf, and then stay and socialize at a casual BBQ.

To sponsor or play, please [visit the Foundation's website](#) by end of day Monday, September 4<sup>th</sup>. We hope to see you there!



Massachusetts **4-H** Foundation  
FOSTERING YOUTH DEVELOPMENT

# UMass Extension 4-H Offices and Contact Information

## **State 4-H & Western MA Office:** *Berkshire, Franklin, Hampshire, & Hampden Counties*

100 Venture Way, Suite 334; Hadley MA 01035

Carrie Sears, 4-H Animal Science Program Manager – [ccsears@umext.umass.edu](mailto:ccsears@umext.umass.edu)

Angelica Diaz-Heyman, 4-H Educator – [angelica@umext.umass.edu](mailto:angelica@umext.umass.edu)

Erica MacLean 4-H Educator – [ericamaclean@umass.edu](mailto:ericamaclean@umass.edu)

Lauren DuBois, Urban 4-H Educator – [ldubois@umext.umass.edu](mailto:ldubois@umext.umass.edu)

Lizmarie Ulloa, Urban 4-H Program Assistant – [llopezortiz@umext.umass.edu](mailto:llopezortiz@umext.umass.edu)

## **Central Southeast MA Office:** *Worcester, Norfolk, & Bristol Counties*

7 Midstate Drive, Suite 102; Auburn MA 01501

Cynthia A. Bushey, Southeast Region 4-H Educator – [cabushey@umass.edu](mailto:cabushey@umass.edu)

Kim Henderson, Southeast Region Administrative Assistant – [khenderson@umext.umass.edu](mailto:khenderson@umext.umass.edu)

Meg McDermott, State 4-H Director – [memcdermott@umass.edu](mailto:memcdermott@umass.edu)

Martina Jasiewicz, Worcester County Administrative Assistant – [mjasiewicz@umext.umass.edu](mailto:mjasiewicz@umext.umass.edu)

Kim Pond, 4-H SET Program Manager – [kima@umext.umass.edu](mailto:kima@umext.umass.edu)

## **Northeastern MA Office:** *Essex, Middlesex & Suffolk Counties*

UMass Mt. Ida Campus, Miller Hall; 100 Carlson Avenue, Newton, MA 02459

Heather Thibodeau, 4-H Educator – [hthibodeau@umass.edu](mailto:hthibodeau@umass.edu)

Va Shon Wallace-Hiltbold, 4-H Educator – [vawallace@umext.umass.edu](mailto:vawallace@umext.umass.edu)

Debbie Beaubien, Administrative Assistant – [debbieb@umext.umass.edu](mailto:debbieb@umext.umass.edu)

Nancy McCarthy, Program Assistant – [nmccarthy@umext.umass.edu](mailto:nmccarthy@umext.umass.edu)

## **Plymouth County Office:** *Plymouth County*

44 Obery Street, Plymouth MA 02360

Molly Vollmer, 4-H Educator: [mvollmer@umext.umass.edu](mailto:mvollmer@umext.umass.edu)

Cathy Acampora, 4-H Educator: [acampora@umext.umass.edu](mailto:acampora@umext.umass.edu)

Meghan Riley, Ag Extension Educator: [mriley@plymouthcountyma.org](mailto:mriley@plymouthcountyma.org)

Cheryl Mechan, Administrative Assistant: [cmechan@umass.edu](mailto:cmechan@umass.edu)

## **Barnstable County Office:** *Barnstable County*

Box 367, Barnstable MA 02630

Sandi Shepherd-Gay, Barnstable County Youth Extension

Educator: [sandi.shepherdgay@barnstablecounty.org](mailto:sandi.shepherdgay@barnstablecounty.org)

Laura Notarangelo, Administrative Assistant: [laura.notarangelo@barnstablecounty.org](mailto:laura.notarangelo@barnstablecounty.org)

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The UMass Extension 4-H E-NewsBlast is sent to all UMass 4-H families and volunteers. Unless otherwise noted, all virtual programming is available to 4-H members everywhere, no matter where you live or what club or group you belong to! Check these sites and your local county Facebook page for more details and for updates to programs: <https://ag.umass.edu/mass4h> and <https://www.facebook.com/Mass4H/>. Archived editions can be found at <https://ag.umass.edu/mass4h>. The NewsBlast is sent to family emails unless specific requests are made.



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